

## **Role of An Elementary Counselor in Providing Tiered Supports**

<p><b>Tertiary: Tier 3 Support</b></p> <p><b>Goal: Reduce frequency, intensity and <u>complexity</u> of problem behavior</b></p>	<ul style="list-style-type: none"> <li>• <i>Individual Counseling (Personal)</i></li> <li>• <i>Crisis Intervention Assessment</i></li> <li>• <i>IEP Meetings</i></li> <li>• <i>Referral to Outside Agencies</i></li> </ul>
<p><b>Secondary: Tier 2 Supports</b></p> <p><b>Goal: Reduce <u>intensity</u> and <u>frequency</u> of problem behavior</b></p>	<ul style="list-style-type: none"> <li>• <i>Group Counseling (Grief, Friendship, Social Skills, Conflict Resolution, Anger Management, Girls Groups, Self Esteem)</i></li> <li>• <i>Individual Counseling (Goal Setting, Behavior Intervention)</i></li> <li>• <i>Teacher Consult</i></li> <li>• <i>Parent Contact/Meetings</i></li> <li>• <i>SST Meetings</i></li> <li>• <i>PBIS Tier 2 Team Member</i></li> <li>• <i>Developing and monitoring behavior interventions</i></li> <li>• <i>Conflict Mediation</i></li> <li>• <i>Check-In and Check-Out</i></li> <li>• <i>Return from suspension meeting</i></li> </ul>
<p><b>Universal : Tier 1 Supports</b></p> <p><b>Goal: Prevent new cases of problem behavior, maximize achievement and promote positive interactions</b></p>	<ul style="list-style-type: none"> <li>• <i>Social Emotional (Test-taking strategies, Mindfulness, Suicide Prevention, Bullying Prevention, Career-College Awareness, Kindness Education) Counseling Lessons</i></li> <li>• <i>PBIS Tier 1 Team Member</i></li> <li>• <i>Schoolwide Social-Emotional-Career Events/Assemblies</i></li> <li>• <i>Student Council Lead</i></li> <li>• <i>Delivery of weekly School-wide rewards</i></li> <li>• <i>Proactive Measures</i></li> </ul>

